

# Capital District Youth Soccer League

## RULE BOOK

### CDYSL RULES & REGULATIONS

**Last Revised July, 2002**

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# CDYSL RULES AND REGULATIONS

## *I. PLAYER AND TEAM REGULATIONS*

- A. Age Groups.  
The ultimate aim of our league is to operate the following age groups: Under 19, Under 18, Under 17, Under 16, Under 15, Under 14, Under 13, Under 12, Under 11, Under 10, Under 8, in areas and territories described under our Constitution and Bylaws. Where possible these age groups should be operational for both boys and girls. The CDYSL Games Committee will determine annually what age groups will be available for play.
- B. Cut-off Date for Age Groups. Age divisions shall comprise players who are, prior to the first day of August of the current season, Under 19, 18, 17, 16, 15, 14, etc.. There shall be no bottom cut-off date.
- C. Number of Players.
1. All teams, except Under 8s and 10s, are permitted to roster up to twenty-two (22) players for League play. Under-8 and 10 are permitted to roster up to fourteen (14) players. This does not apply to National Cup or any other USYSA sanctioned tournaments or games.
  2. No teams may register fewer than seven players
  3. Any team playing a player who is over age shall forfeit the game(s) in which that player takes part.
  4. All players registered on a team are permitted to dress and play in CDYSL games. This does not apply to National Cup or any other USYSA sanctioned tournament or games.
- D. Participation and Restrictions.
1. In the case of a player being ejected from a league game (ie. Issued a red card), the team shall play the remainder of the game with one less player. The ejected player shall serve one game suspension in the game immediately following the game in which the player was ejected. His/Her name should be clearly marked on the roster when serving the suspension. Any player ejected while playing on the losing team in the State Cup tournament is liable to the same suspension unless one or more League games were missed due to a delay in the return of a confiscated player pass.
  2. Each team shall be represented at the field of play by a registered coach (19 years old or over), registered assistant coach or registered trainer. Only properly registered personnel will be allowed on or near the team bench during a game.
  3. CDYSL promotes for the "good of the game" that every player play at least half of every game, particularly in age groups under 16.
- E. Team Tryouts.  
Teams which conduct tryouts may do so at anytime. However, no team or club shall seek a player's commitment to a team or club prior to August 15th (or August 1st for those teams competing in fall State Cup games), whether orally or in writing, through payment of money, or otherwise. No member club or team shall discourage or forbid a player from participation in any

tryout.

F. Select Tryouts.

No Club or coach shall forbid or discourage any player from trying out or participating in the CDYSL Select program or in the Olympic Development Program (ODP). The Select program shall, in return, make reasonable efforts to avoid conflicts with players' club teams in practices and other events.

## ***II. REGISTRATION AND FEES FOR PLAYERS AND COACHES***

A. Youth Players. A youth player is one who has not reached the age of 19 years prior to August 1 of the current seasonal year. A player who reaches his nineteenth birthday on or after August 1 of the seasonal year shall compete as a youth player for the entire seasonal year.

B. Date of Registration. All players shall be registered by the club which shall submit the registrations to the League's Registrar at the beginning of the seasonal year or prior to commencing League play.

C. Player Registration.

1. Players will be registered with CDYSL's Registrar on a form approved by the ENYSSA.

2. A Player registration fee will be charged and it shall be set annually by the Board of Directors.

3. Players registered by the CDYSL may not be registered simultaneously with another affiliated soccer team, club or league.

D. Coaches' Registration. Club coaches, assistant coaches, managers and trainers shall be registered with the League Registrar. The pass will bear a picture, and will be given to the referee with the players' passes prior the commencement of the game. The coach's pass may be kept by the referee and sent to the Game Coordinator in instances where he/she has been disciplined. If a team does not have a registered person assigned for the game present at starting time, the game will be forfeited to the opponent.

E. Proof of Age. Proof of age shall consist of a birth certificate, board of health records, passport, or alien registration card issued by the U.S. Government, or certificate of Naturalization issued by the Immigration and Naturalization Service.

F. False Registration. Any team playing an illegally registered player shall forfeit all the games in which the illegal player has participated in.

## ***III. RECREATION PLUS LEAGUES, CLUBS, TEAMS AND PLAYERS***

A. USYSA Authorization. In order to promote the sport of soccer within the CDYSL and its outlying areas, it has been deemed advantageous for the League to recognize the United States Youth Soccer Association (USYSA) definition of "Recreation Plus Leagues, Clubs and Teams":

1. Recreation Plus League

An intra-club or inter-club league in which:

a. The use of tryouts, invitations, recruiting or any like process to roster players

selectively to any team on the basis of talent or ability is prohibited;

- b. the club or clubs administering the league accept as participants in the league any and all eligible youths (subject to reasonable terms of registration); and
- c. the league does not otherwise meet the definition of recreational league.

2. Recreation Plus Team

A team which participates in a Recreational Plus League.

B. League Rules For Recreation Plus. CDYSL will accept recreational plus teams and clubs with the following additional regulations. They will:

- 1. pay the rate as established by ENYYSA for travel players.
- 2. pay the additional rate as established by CDYSL for recreational Players to cover the additional costs associated with processing player passes and permissions to travel.
- 3. have player passes and rosters distinctly marked "Recreation Plus Player or Team Only." These passes will be surrendered to CDYSL prior to transferring to a Travel team.
- 4. pay the additional CDYSL fee up to the amount of the CDYSL travel player fee upon transferring to a travel team.
- 5. be permitted to play in any Recreational or Recreational Plus League or tournament as defined and regulated by the rules of USYSA.
- 6. be permitted to play in no more than three CDYSL sanctioned travel team tournaments.
- 7. not be permitted to play travel tournaments outside the governance of CDYSL.

#### ***IV. GAME RULES AND REGULATIONS***

A. FIFA Rules.

Except as provided by USYSA or ENYYSA or specified herein, the recently revised FIFA "Laws of the Game" apply to all competitions.

B. Special Playing Rules for Under 8 and 10 Players.

CDYSL has generally adopted the rules of USYSA's Developmental Player Program – Modified Playing Rules for Under 10 with the following exceptions.

- 1. CDYSL may allow exceptions to specified field and goal size if the exceptions are stated on the Field Commitment Form.
- 2. A size #3 ball shall be used for U8s, and a size #4 for U10s.
- 3. The maximum number of players on the field at any one time is eight, one of whom may be a goalie. A minimum of five players is needed to play a game.

4. The maximum number of players on the roster should not exceed 14.
5. For U8s, there will be no direct or penalty kicks and no offsides.
6. For U10s, direct and indirect kicks are awarded and opponents must be eight yards away before the kick will be allowed. The offside rule will be enforced.
7. For corner kicks, opponents must be ten yards away from the ball.

C. The Fall Season.

There may be a fall season of travel soccer for U8s, U10s, and U12s. The games will be played on Sundays only, beginning on the first Sunday after Labor Day.

D. The Spring Season.

1. All teams will have at least a twelve (12) game season with the exception of the under 19's which will have a minimum of eight (8) games scheduled.
  - b. The season will commence play on the last weekend in April (Friday included) and end not later than July 15.
2. No games will be played during Memorial Day weekend (Fri-Mon).
3. Actual Play Dates will be updated and approved by the Games Committee each year.
4. Team placement will be determined by the Games Committee in accordance with the following general criteria:
  - a) coach's request
  - b) Win/loss record for the previous season and most recent indoor season, if applicable,
  - c) The number of teams in a particular age and category
  - d) Coach and player experience

E. Traditional Days & Time of Play.

BOYS

GIRLS

U-8	M/6:30 and F/6:30	U-8	M/6:30 and F/6:30
U-10	T/6:30 and Th/6:30	U-10	T/6:30 and Th/6:30
U-11 & 12	Sun/5:45 and T/6:30	U-11 & 12	Sun/5:45 and W/6:30*
U-13 & 14	Sun/4:15 and Th/6:30	U-13 & 14	Sun/4:15 and W/6:30
U-15 & 16	Sun/2:45 and T/6:30	U-15 & 16	Sun/2:45 and W/6:30
U-17 & 18	T or F/6:30 and Sun/1:00	U-17 & 18	M&F/6:30 and Sun/1:00
U-19	Th or F/6:30 and Sun/1:00	U-19	M&F/6:30 and Sun/1:00

PLEASE TAKE NOTE: WEEKDAY GAMES FOR U-13 AND ABOVE, BOTH BOYS AND GIRLS, WILL BEGIN AFTER MEMORIAL DAY.

\* - "To accommodate problems with field availability, **teams U-12 girls** may be scheduled to play on **alternate days Fridays instead of Wednesdays.**"

F. Fields.

Each club should provide one appropriate home field for every two teams playing on the same day and time. Any variations or special circumstances will be addressed by the Games Committee.

Clubs unable to comply may have to play additional away games.

G. Schedule of Games.

**Note:** The schedule will include date, time and location

H. Requests for No-play Dates.

A maximum of two dates when a team is unable to play may be submitted with the team commitment. If a game is scheduled on a "No Play" date, that team may have the game rescheduled.

I. Game Forfeitures.

Failure to play on the scheduled date will result in a forfeit for the offending team plus a fine and referee's fees. Should both teams fail to appear, the game will be recorded as a forfeit for both (no score) and each will be fined and pay half the referee's fee.

J. Game Cancellations and Related Matters.

1. State Cup Games                      Any team unable to play due to a State Cup tournament game is excused from the two weeks time limit and written requirement. If coaches cannot agree on a replay date, time and location, the Games Coordinator will assign one.
  
2. Weather                                      Games not played due to circumstances beyond control of either team (ex. weather) will be rescheduled through the Games Coordinator. If the coaches cannot agree on a new date, time, and location, the Games Coordinator

will assign one.

3. No Referee  
Should no referee appear for a scheduled game and the coaches cannot agree on a substitute, the game will be rescheduled with the Games Coordinator. If the coaches cannot agree on a date, time, and location, the Games Coordinator will assign one.
4. Attending a Tournament  
If a team chooses to play a tournament, both coaches must agree in writing to the Games Coordinator, including the rescheduled game date. The onus is on the team playing the tournament.
5. Delay of Game  
Any team delaying the start of a scheduled game more than thirty minutes without the sanction of the Games Coordinator shall forfeit the game.
6. Withdrawal from the League  
If a team withdraws from play after final divisional placements are determined, their games will be recorded as forfeits. The Games Committee shall make every effort to attempt to restore the 12 game season for the remainder of the division.
7. Release from Fine  
No fine shall be assessed for any forfeit reported at least two weeks in advance to the Games Coordinator and the opposing coach.
8. Game Rescheduling  
Games not played due to weather conditions, referee nonappearance or State Cup play shall be rescheduled within two (2) weeks of the original play date. Any game not rescheduled within the two week period will be considered a 'no game' and will not be allowed to be made up (1/5/92)
9. ODP Players  
Any team with 3 or more ODP players may reschedule when in conflict.

K. Score Reporting.

The home team is responsible for reporting the final score using the score card provided by the League. This card must be signed by both coaches and the referee.

Scores must be reported by mailing the score reporting card within 72 hours. Failure to do so will result in a fine per occurrence to the offending club.

Scores unreported within two weeks of the play date will result in the game recorded as a forfeit for the home team. No forfeiture fine will be assessed.

Dispute of any score or game result will be resolved by the referee. If no referee was present, the

Games Committee will rule.

L. Determination of Standings.

Teams will be awarded points as follows: Win 3; Tie 1; Loss 0. The team having the greatest number of points in their division at the end of the season, will be the champion. Subsequent places will be determined by points in descending order. If two or more teams have the same number of points, the Division Coordinator will determine placement based on the following:

1. head to head play of the teams involved, if still tied
2. the team with the most number of wins (the other team will take second or third), if still tied
3. the team with the least number of losses, if still tied
4. the team with fewest goals allowed

If teams are still tied, they will share their place of finish.

M. Fees and Fines.

1. Each team must pay the appropriate fees in amounts listed in Appendix C.
5. Clubs must pay the appropriate team fees as set by the games committee at the time they commit a team to play for the season. Failure to do so will make them ineligible to compete for that season
3. Teams are responsible for one half the referees' fee at each game, to be paid before starting the game. If one team forfeits, the team forfeiting is responsible for the entire fee, payable to CDYSL.
4. Failure of the home team to report score on time (See Appendix C).
5. Forfeit: first occurrence, per team (See Appendix C).  
subsequent occurrences (See Appendix C).
6. Any team withdrawing after the withdrawal date will be fined as set by CDYSL (See Appendix C for amount). If the team withdraws after scheduling, they will be carried on the schedule with all games recorded as forfeits. No forfeit fines will be levied unless withdrawal occurs within two weeks of scheduled games. In that case, fines will apply for the two weeks period, and other fees and fines may be imposed (Appendix C).

Any Club failing to pay all assessed fees and fines prior to the Annual General Meeting will be considered not in good standing until such time as those obligations are met.

N. Officials.

1. The League will use certified FIFA referees for all its games. In case of a shortage of FIFA referees, the Games Coordinator may draw from other groups organized in the area.
2. The referee will be assisted by club linesmen. Each team must provide a linesman for each game. The duties of the lineman are:

- a. To signal the referee when the ball is out of play; and
  - b. To signal the referee which team is entitled to the throw-in or goal kick, or corner kick.
3. Teams wishing to have assistant referees must request them from the Games Referee Coordinator. The extra expenses will be borne by the requesting club.
  4. Should the referee be more than 30 minutes late or completely absent, the game shall be considered canceled unless both coaches agree to have another person or persons officiate the game. If such a person or persons is chosen, they will have the full power of a referee and therefore no game protest will be permitted.
  5. At the conclusion of each game, the referee shall verify and sign the game report.

O. Coaches.

1. Qualifications
  - a. The CDYSL recommends the use of certified/licensed coaches. In cases where there is a shortage of certified/licensed coaches, the clubs shall select qualified people and should encourage them to obtain certification or licensing.

Q. Girls' Soccer.

1. Girl's soccer shall follow all rules and regulations **as** set forth herein. An exception may be made by allowing the girls to use their hands and arms in a fixed position to protect the upper part of their body (chest).

R. Game Roster.

1. Each coach must provide the referee with two copies of the League-approved roster. The referee shall keep one copy, which he/she will attach to the game report. The second copy of the roster shall be given to the opposing coach.
2. All players shall be listed on this roster. Player(s) serving a game suspension must be so marked on this roster. Issuance of game suspensions are necessitated by, but not limited, to the following:
  - a. Being sent off (issued a red card) during a regular CDYSL game.
  - b. Being sent off (issued a red card) during a State Cup game.

Accumulation of Red and Yellow Cards

- a) Each Yellow card is worth one point
- b) Each Red Card is worth three points
- c) Any three point accumulation will result in a one-game suspension
- d) Any six point accumulation will result in an additional one game suspension
- e) Any nine point accumulation will result in the player being suspended for the remainder of the season
- f) Suspensions not served will carry over to the following year

It is the responsibility of the coach to see that the player is serving the suspension. Rosters will be compared for games where suspensions are to be served and if the suspension was not served, further action may be taken by the Games Committee.

## ***V. RULES AFFECTING REFEREES***

### **A. Laws of the Game.**

The rules of play, for all contests sanctioned by the League, shall be the last revised FIFA "LAWS OF THE GAME" with those variations recommended or mandated by the USSF, USYSA or as otherwise set forth in these rules (i.e., Special Rules for U-8 and U10 Players set forth above) (See Appendix D).

### **B. Referee Fees.**

1. The referee shall receive the fee as set forth in the current fee schedule established by ENYYSA.
2. Payment of the fees shall be made in accordance with League policy.
3. A referee is entitled to a full fee, if a game is not played due to the failure of one of the competing teams to make an appearance at the time set for kick-off, or within the extension period set forth by the League. Any team that delays the start of scheduled game more than 30 minutes shall forfeit the game and shall pay the full referee fee.
4. If, a game in progress, is called off by the referee for reasons covered by the Laws of the Game, the fee due shall be retained by the referee in accordance with League policies.
2. The referee, upon arrival at the grounds, shall be the sole judge as to the fitness of the field of play. If the referee finds the field unplayable, the game shall be postponed or forfeited in accordance with league policy. The referee shall receive one-half of the game fee as stated above.
3. The referee is entitled to a full fee for games cancelled within 48 hours of game time, with the exception of weather-related or field condition cancellations.

### **C. Duration of the Game and Ball Size.**

1. Duration and Ball size:

U-19	Two-45 minute halves; Ball size #5
U-17 & 18	Two-45 minute halves; Ball size #5
U-15 & 16	Two-40 minute halves; Ball size #5
U-13 & 14	Two-35 minute halves; Ball size #5
U-12	Two-30 minute halves; Ball size #4
U-10 & 11	Two-25 minute halves; Ball size #4
U- 8	Two-25 minute halves; Ball size #3
1. No overtime periods shall be played in League competition.

D. Coaching-Substitution-Other.

1. Coaching. Giving direction to own team or points on strategy and positioning is permitted provided :
  - a. it occurs from the touch line of the team side of the field only
  - b. no mechanical devices are used
  - c. the tone of the voice is informative and sportsmanlike
  - d. no coach, substitute or player is to use profanity
  - e. no coach or player incites, in any manner, disruptive behavior
2. No one is permitted behind the goal line, unless there is a spectator line.
3. Substitutions
  - a. prior to your own throw-in
  - b. prior to a goal kick by either team
  - c. after a goal, by either team
  - d. after an injury, by either team when the referee stops play (a like number).
  - e. at no time may a substitute enter the field of play until they have been given permission from the referee.
4. Roster - No game may start with fewer than seven (7) players per team on the field with the exception of under-8 and 10, which must have a minimum of five (5) players per team on the field. Teams shall appear in uniforms with a minimum six (6) inch number on the back of the shirt.
5. No team or club official may enter the field of play, regardless of circumstances, unless that person has been asked to do so by the referee.
6. The home team will be responsible for the condition of the grounds, the proper field markings and proper equipment.
7. The home team shall provide the game ball.

E. Referee Report(s).

1. The referee shall complete a referee report whenever there is a game problem or ejection and send it to the CDYSL League Office within 24 hours of the game. Yellow, red cards and other problems shall be noted on this report.
2. To report disqualifications or misconducts of players or coaches, the following information shall be included: Date of game, Date of report, Age group, Coach's information, Names of teams, Reasons, Player's name, number, etc
3. A game cannot be started without a CDYSL registered person present for each team, as defined in Rule I (D) (2). This person shall present a CDYSL registration pass to the referee.

F. Referee Protection.

1. The home team shall be responsible for the protection of the referee, assistant referees, and visiting team against any action of players and spectators, before, during and after the game.
2. Clubs or teams playing in public parks are equally responsible for the protection of a referee, linesmen, and officials before, during, and after the game.
3. Cases involving physical assault of a referee and/or assigned official, occurring in any and all games played under the jurisdiction of the League shall be immediately placed before the Eastern New York Youth Soccer Association (ENYYSA) for their determination.

G. Referee Assignments.

1. A referee, failing to appear for an assignment, without a proven excuse, shall be fined in accordance with League policy. The fine shall be at least equal to the fee set for the respective game, and he/she shall be reported to his/her respective association.
2. A referee, failing to send in proper report(s) within the required time, shall be fined in accordance with League Policy and, if this problem is repeated, they will be subjected to further disciplinary actions.

## ***VI. GRIEVANCE PROCEDURE***

A. Arbitration

A person, a club or any other member of CDYSL may initiate a grievance against a team, a club, or an individual, including a referee, by submitting a letter to the president of the League via certified mail.

1. Copies of this letter shall be sent to the party charged with the grievance by the League.
2. The letter shall explicitly describe the charges and shall be accompanied by a non-refundable fee of \$50.00.
3. The President will refer the matter to the Arbitration Board within three business days. The chairman of the Arbitration Board will call for a hearing to be conducted within ten business days after the letter has been received from the President. Notice of the hearing time and place shall be sent via certified mail to all parties involved.
4. All parties involved in the grievance will be heard. Witnesses, supporting documents and/or any other material, which can be used in the resolution of the grievance may be presented at this hearing.
5. The Arbitration Board shall not have members who have direct with the litigating parties.
6. Minutes of the hearing shall be recorded by the League Secretary or their designee.
7. The Arbitration Committee will render a written decision within forty-eight hours (48) of the hearing and notify all parties involved via certified mail.
8. Improperly filed grievances will not be considered.
9. All copies of the grievance proceedings shall be kept on file at the CDYSL offices.

10. Lawyers may not participate in these hearings in their representative capacity except in accordance with any position they may hold within a member club or the League.
11. The decision of the Arbitration Board may be appealed.

B. Appeal

Any person, team or club wishing to appeal a decision of the Arbitration Board may do so by filing a written appeal with the League President within five (5) days after the notification of the decision has been received. The appeal shall be sent via certified mail.

2. The appeal shall describe explicitly the reason for the appeal and be accompanied by a fee of \$100.00 which will be returned if the appeal is upheld, and shall be retained by the League if the appeal is disallowed.
2. The President will refer the appeal to the Appeals Board within three business days. The chairman of the Appeals Board will call for a hearing within ten (10) days after the appeal has been received.
3. Improperly filed appeals will not be considered.
4. All parties involved in the appeal will be heard.
5. The Appeals Board shall not have members who have direct ties with the litigating parties.
6. Minutes of the hearing shall be recorded by the League Secretary or their designee.
7. The Appeals Committee will render a written decision within forty-eight hours (48) of the hearing and notify all parties involved via certified mail.
8. The time limits specified in this procedure may be extended or shortened by mutual agreement in writing of all parties involved.
9. Improperly filed appeals will not be considered in accordance with any position they may hold within a member club or the League
10. Lawyers may not participate in these hearings in their representative capacity except in accordance with any position they may hold within a member club or the League.
11. All copies of the appeals proceedings shall be kept on file at the CDYSL offices.
12. The decision of the Appeals Board may be appealed to ENYISA per their Rules and Regulations.

*VII. PROSPECTUS FOR NEW TEAMS/CLUBS*

Any club residing within the territory of the Capital District Youth Soccer League (C.D.Y.S.L.) is eligible for membership in the League. Clubs outside the normal territory of C.D.Y.S.L. must first receive a written release from the league in which they reside and provide a substantive reason for wanting to become a member of the C.D.Y.S.L. A club seeking membership status with C.D.Y.S.L. shall submit to the League a letter of intent accompanied by a check covering the initiation fee. The letter of intent shall be read at the next regular C.D.Y.S.L. meeting and subsequently reviewed by the Membership Committee. Any member club may contact the Membership Chair with any concerns they may have during the month following the reading of the letter of intent. The Membership Committee shall make a recommendation to the League's Board of Directors at the following C.D.Y.S.L. meeting in regards to granting membership to the proposed club and cause a vote to be taken on admitting the proposed club. Since the intent of the League is to foster the growth of soccer in our area, the Committee shall look very closely at the desires of the proposed club to promote soccer within its community.

The letter of intent of the proposed club should include the following:

- 1) A brief description of the club, the community where they are located and the expectations for the growth of soccer within the club.
- 2) The officers and or key leaders of the club including address and phone numbers.
- 3) The organizational structure of the club, including bylaws and other documents requested by the Membership Committee.
- 4) The geographical territory from which the club plans to recruit and or service players.
- 5) Whether the club intends to support travel, indoor and or intramural teams.
- 6) If supporting travel teams, the age, gender and proposed division of each team planning to play in the upcoming Spring Travel Season.
- 7) Location(s) of the field(s) to be used by the club.
- 8) The colors of the club.
- 9) The uniform colors. (Note: The home team is required to change if there is a conflict.)
- 10) Prospective clubs must provide proof that it has at least one field available for every two teams playing on the same day and time.

If the Membership Committee is recommending the club for membership the club's representative will be notified and asked to appear at the following meeting of the C.D.Y.S.L. If the Board of Directors approves the club for membership, the new club shall be given a copy of the Bylaws and Rules and Regulations of the C.D.Y.S.L. and any other pertinent information. Also, the yearly club affiliation fee will be due by the next League meeting.

Initiation Fee (with letter of intent) = \$25.00

### ***VIII. CODE OF CONDUCT***

#### **A. Coaches' Code of Conduct**

1. Coaches will always be fair, firm and consistent.
2. Coaches will promote a positive attitude and lead by example.
3. Coaches will not argue with parents or officials, and will always demonstrate good sportsmanship.
4. Coaches will do the best they can to ensure each athlete is both physically and mentally ready for whatever task is asked of them.
5. Coaches will adhere to the policies and procedures of CDYSL and set proper example for everyone to follow.
6. Coaches will stress teamwork and respect for every athlete.
7. Coaches will allow each athlete the opportunity to compete and excel.
8. Coaches will display control, respect, dignity and professionalism to all involved with soccer, this includes but is not limited to officials, opponents, coaches administrators, parents, spectators and the media.
9. Coaches will ensure that coaching or training activities take place in a safe environment and are appropriate for the age, maturity, experience and ability of the players.
10. Coaches will never strike, shove, threaten to strike, or lay a hand upon an official, player or

spectator.

11. Coaches will never coach or train while under the influence of alcohol or drugs or allow a player to train or play as well.
12. Coaches will never use trash talk; profane; obscene; or vulgar language under any circumstance.

B. Players' Code of Conduct

1. Players will play by the Laws of the Game.
2. Players will control their temper. Most of all resist the temptation to retaliate when you feel you have been wronged.
3. Players will be good sports by cheering all good plays, whether it's your team or your opponent's
4. Players will treat all players as they would like to be treated.
5. Players will cooperate with your coaches, teammates, opponents and referees.
6. Players will remember that soccer is a team game and encourage teammates as every player makes mistakes and has off days.
7. Players will never abuse anyone or swear in frustration on or off the field of play.
8. Players will never use unnecessary rough tactics during the course of a game.
9. Players will never appear in the contest area under the influence of alcohol or drugs.
10. Players must always abide by the officials decision.

C. Parents' Code of Conduct

1. Parents serve as role models for their children. Become aware of this and work to be a positive role model. Applaud good plays by your child's team as well as the opposing team.
2. Parents should refrain from coaching or refereeing from the sidelines.
3. Parents will not embarrass their child by yelling at players, coaches, or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
4. Parents will emphasize skill development and practices and how they benefit your athlete. De-emphasize games in the lower age groups.
5. Parents should support the efforts of the volunteer coaches and the league.
6. Parents will never use profanity, drugs, alcohol or tobacco during any game or training secession.
7. Parents will always show good sportsmanship and set an example for their child.
7. Parents will ask their child to treat other players, coaches, fans, and officials with respect regardless of race, sex creed or ability.
  
8. Parents will place the emotional and physical well being of their child ahead of their personal desire to win.
10. Parents will never strike, shove, threaten to strike, or lay a hand upon an official, player or spectator.

D. Code of Conduct for Directors and Volunteers

1. Regardless of the time and sacrifices you devote, no director, officer or volunteer receive any financial benefit or credit for their volunteer services.
2. Organizational goals will be before personal goals. Put the best interest of the entire program ahead of individual desires. We are here to serve all the children with quality programs.
3. Minimize complaints and pettiness. Look for ways to improve the organization rather than pointing fingers.

4. Speak up when you have questions or disagree, but support the final decision of the organization.
5. Look at problems for an organization-wide perspective. Focus on the best interest of all the children and your sports in general.
6. Treat your colleagues respectfully. Give your colleagues the benefit of the doubt. Don't jump to conclusions. They are just like you doing their best to help build a quality program for kids.
7. Conflicts should focus on issues, not personalities of individuals. Courtesy goes a long way toward building harmony and cooperation.

## **Appendix A:**

### **Glossary of Terms**

**(To be completed after final review and approval)**

**Appendix B:**

**Club Abbreviations**

<b>Club #</b>	<b>Club Name</b>	<b>Club ID</b>
560	Adirondack Y.S.C.	AD
742	Albany Condors Y.S.C.	AC
156	Albany S.C.	AB
587	Amsterdam Y.S.C.	AM
561	Averill Park S.C.	AV
221	Ballston Spa S.C.	BS
834	Berkshire Ajax S.C.	BK
146	Bethlehem S.C.	BE
743	Blackwatch S.C.	BW
335	Brunswick S.C.	BR
811	Cambridge Y.S.C.	CM

354	Capital United S.C.	CU
538	Catskill S.C.	CA
509	Chatham S.C.	CH
149	Clifton Park S.C.	CP
875	Cohoes Youth Travel League	CS
158	Colonie S.C.	CO
783	Cooperstown SC	
812	Crane S.C.	CR
733	Empire Y.S.C.	ES
222	Fulton United S.C.	FU
734	Galway Y.S.C.	GA
157	Greenbush Y.S.C.	GB
150	Guilderland S.C.	GU
805	Helderberg S.C.	HE
724	Henry Hudson S.C.	HH
151	Highland S.C.	HL
683	Hoosick Falls S.C.	HF
154	Lake Hill S.C.	LK
880	Lake George SC	
835	Lansingburgh S.C.	LS
147	Latham Circle S.C.	LC
552	Mechanicville-Stillwater United S.C.	ME
537	Metros S.C.	MO
596	Monument S.C.	MT
541	New Lebanon S.C.	NL
510	New Scotland S.C.	NS
148	Niskayuna S.C.	NY
562	Ravena-Coeymans-Selkirk Y.S.C.	RA
872	Rip Van Winkle Soccer Club	RW
890	Revolution Soccer Club	RV
159	Rotterdam S.C.	RO
353	Saratoga S.C.	SA
921	Saugerties	SG
223	Schenectady S.C.	SC
790	Shenentaha S.C.	SH
859	South Glens Falls S.C.	SGF
574	Taconnic Valley S.C.	TV
336	Valley S.C.	VA
584	Waterford United S.C.	WA
632	Watervliet S.C.	WT

**Inactive Clubs**

	Berkshire County United	
624	Cherry Valley SC	CV
105	Hoosick Falls SC	HV
632	Malta SC	MA
740	Schuylerville Y.S.C	SU

**Appendix C:**

**Schedule of Fees and Fines**

**(In the process of being revised)**

**Appendix D:**

**USYSA U-8 and U-10 Modified Playing Rules**

**(To be provided at a future date)**

**Appendix E**

**Coaching and Refereeing License Programs**

**(Being revised)**

**Appendix F**

**CDYSL Select Player Program Guidelines**

**(Currently under revision)**

The League, upon request, will provide for Coaching Clinics and Referee Clinics, and will assist member clubs in sponsoring activities aimed at promoting or improving soccer in our communities.

The CDYSL in cooperation with ENYYSA and the New York State Referee Association (NYSRA) will offer courses for people wishing to gain a Coaching License and/or a Referee License. The fee for the License Course will be borne by the candidates.

A. Coaching Licenses.

ENYYSA offers licenses, which can be earned by attending courses offered by the State Coaching Staff.

Levels of licenses offered at the State level are as follows:

<b>TYPE OF LICENSE</b>	<b>DURATION</b>
D	36 hours      30 hours of instruction/6 hr. exam
E	18 hours      15 hours of instruction/3 hr. exam
F	9 hours instruction only
Youth Modules	5 hours of instruction only

To receive a license, a candidate must attend all of the course sessions and must meet the course requirements.

A club or a group wishing to sponsor a Coaching Course, or needing more details, should contact the CDYSL Office.

## B. Refereeing License.

The CDYSL, in conjunction with the NYSRA, offers courses aimed at certifying referees in our area. The entry level is 18 hours of instruction and testing. The cost of the course is established by the NYSRA on a yearly basis. The CDYSL also sponsors clinics and workshops for coaches, parents, and other interested people.

A group of people or clubs wishing to sponsor a refereeing course, should contact the Referee Coordinator of the League, who in turn will make all the necessary arrangements. The State Referee Association has a staff of qualified instructors who will teach the courses in any part of our league. Those candidates who pass a USSF test will be awarded a license.

## Appendix F

### ***VII. CDYSL SELECT PLAYER PROGRAM GUIDELINES***

#### A. Goals and Objectives.

1. Serve as a developmental program for the Olympic Development Program (ODP).
2. Provide player development by providing:
  - a. Play at a higher skill level.
  - b. Play for a different coach with different techniques/style.
  - c. Play in tournaments and against other Select teams (friendlies).
  - d. Opportunities for additional training and skill development.

#### B. Administration.

The Select Player Program shall be administered by a Select Player Program Committee of five people consisting of the Select Player Program Director, the Select Player Program Assistant Director, a member of the Executive Board and two persons representing clubs.

1. Select Player Program Committee
  - a. Shall be responsible for the administration of the CDYSL Select Player Program.
  - b. Composition
    1. Director of Select Player Program
    2. Assistant Director of Select Player Program
    3. League Operations Director
    4. Representatives of two CDYSL member clubs.
  - c. Shall be appointed by the President.

d. Shall submit a proposed budget to the Finance Committee at least two months prior to the beginning of the fiscal year.

e. Shall submit a detailed financial accounting of the Select Program income and expenditures by the September Board meeting.

f. Shall be responsible for maintaining standards of conduct for players and coaches within the Select Player Program.

g. Shall be responsible for ensuring the distribution of the Select Player Program information to all prospective players and their parents/guardians.

h. Shall be responsible for ensuring the yearly evaluation of the program by the players, parents, and coaches.

2. Select Player Program Director:

a. Shall be appointed by the President.

b. Shall chair the Select Player Program Committee.

c. Shall be responsible for the day-to-day operations of the Select Player Program.

d. Shall submit written monthly reports to the CDYSL President.

e. Shall submit the names and clubs of each team player pool to the Board of Directors

g. Shall carry out duties as assigned by the CDYSL Board of Directors.

h. Shall coordinate Select Program with ODP Program.

I. Shall submit the results of the yearly evaluation to the Board of Directors.

3. Assistant Select Player Program Director

a. Shall perform the duties of the Director in his/her absence.

b. Shall assist the Director in the development of players.

c. Shall communicate regularly with team managers to coordinate administrative and financial activities of the teams.

d. Shall be responsible for presenting financial data and reports to the Select Program Committee.

C. Select Players.

1. All players shall be registered with CDYSL/ENYSSA.

## 2. Player Selection

a. Players will be selected for the CDYSL team player pools based on technical, tactical, physical and psychological soccer abilities.

b. The age groups will be determined by the player's age on July 31 of the year prior to the spring travel season.

c. Two-three tryout dates will be identified for each group where a team is being proposed. All tryout dates must be finalized at least 30 days prior to the first tryout date.

d. Team player pools in each age group will be finalized by June 1st of each year. To be considered for selection to a team player pool, the player must have attended of the tryouts.

e. Players who are not selected for the player pool will be contacted by the coach

f. Upon selection to a team player pool, each player must pay a registration fee of \$125 to CDYSL. This registration fee pays for the select uniform and league expenses. Expenses for out of town friendlies and tournaments are the responsibility of the player. Any player who cannot afford this registration may contact the Select Team Director.

g. Only players from the age level team player pool will be allowed to play.

h. Requests for players outside the pool must be made in writing to the Select Team Director and the CDYSL President identifying name of player, date of event and reason for needing a non pool player. Written approval of both the Director and the President is necessary.

i. Players must play in their own age group unless there is no team at that age group.

## 4. Teams

a. The age levels at which CDYSL will try to establish teams will be presented to the Board of Directors for approval no later than the December meeting. For 1999, the following teams will be formed:

<b><u>BOYS</u></b>	<b><u>GIRLS</u></b>
Under 12	Under 12
Under 13	Under 13
Under 14	Under 14
Under 15	Under 16
Under 16	Under 18
Under 18	

## D. Coaches.

### 1. Selection

a. Coaches will be evaluated and recommended by the Select Player Program Committee, chaired by the Select Team Director. Selection will be made from an evaluation of the following areas of

emphasis:

- Education - USSF D license or NYS public school certification or equivalent highly preferred
- Experience coaching at applicable age level and gender
- Playing experience
- Level of commitment to the program
- Affiliation with CDYSL
- References regarding coaching ability

b. Final decisions on coach selection will be made by the CDYSL Board based on the recommendations of the Select Player Program Committee.

2. No coach may coach a select team at the same level as they coach a spring club/premier team.

3. Each coach will be asked to identify any financial interest they have in youth soccer. (This information does not in any way preclude them from being a coach.)

4. Coach remuneration for each year will be determined in September for the coming year.

#### E. Team Management.

1. Each team will have a team manager(s). The team manager may not be the coach or the coach's spouse or significant other.

2. Team Manager responsibilities

a. Maintain official team rosters and team lists.

b. Ensure communication with all team members regarding team practices, games, etc.

c. Coordinate all travel and housing arrangements.

d. Maintain all financial records and receipts for coach and team. Forward to Assistant Select Program Director at end of season.

e. Maintain player medical release forms.

f. Assist with arrangements for all visiting teams and officials.

g. Maintain communication with team parents as necessary.

3. Remuneration for team managers will be determined by the Board.

#### F. Discipline.

1. Coaches

a. Concerns about coaches shall be submitted in writing to the Select Program Director with a copy to the CDYSL President.

b. The Program Director will investigate the concern and report his/her findings to the Select Program Committee with a recommendation for action, if any.

## 2. Player

a. Concerns about the conduct of a player on or off the field shall be submitted in writing to the Select Player Program Director with a copy to the CDYSL President.

b. The Select Program Director will investigate the allegations against the player, discuss the issues with the coach and report his/her findings to the Select Program Committee with a recommendation for action, if any.